

Breathe* 2014



BREATHE

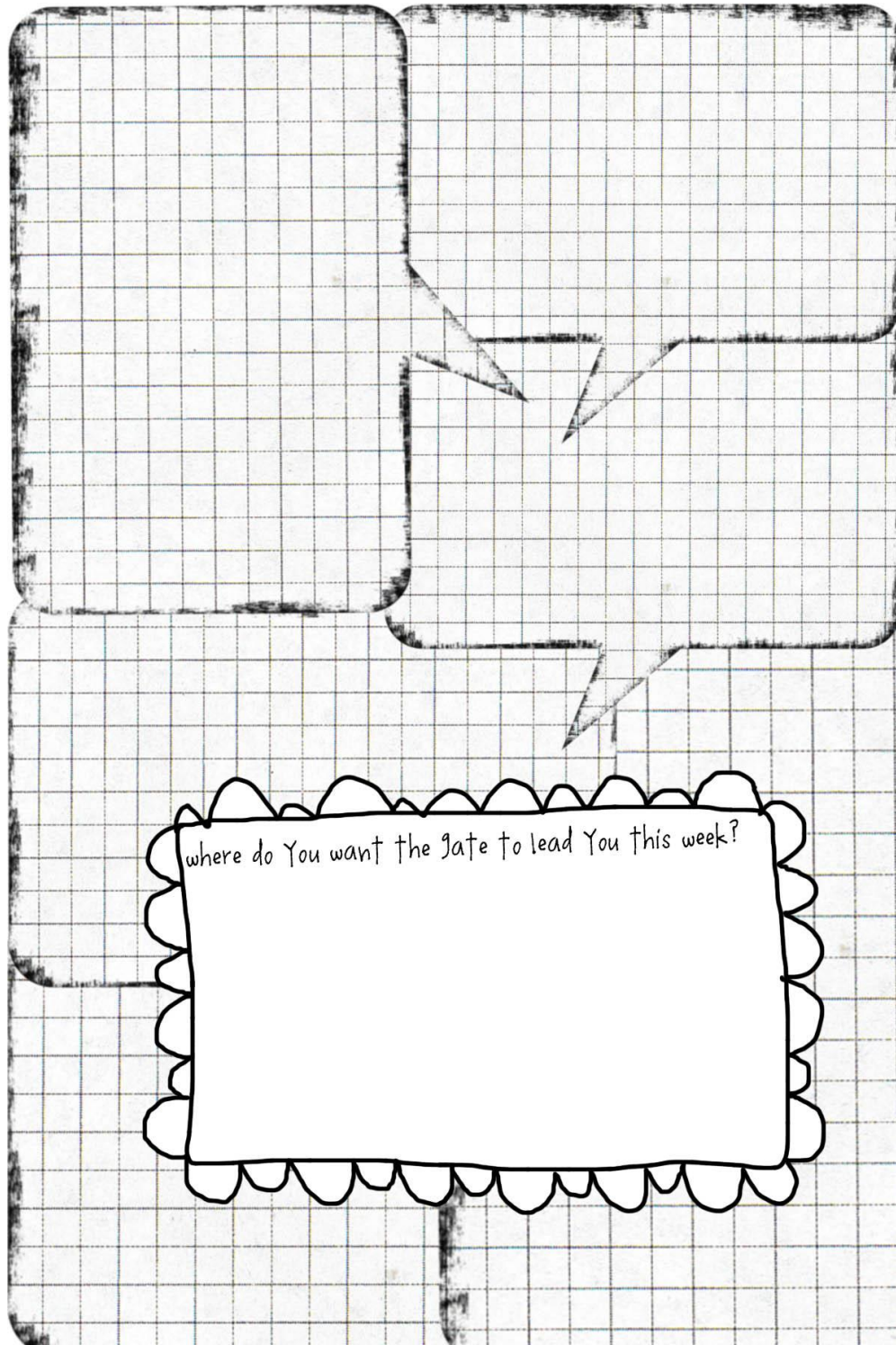
prayer smash journal

cover the page in all the words You would use to
describe Yourself

I AM...

fill me with colour and pattern

I am
the
gate...



fill me with colour and pattern

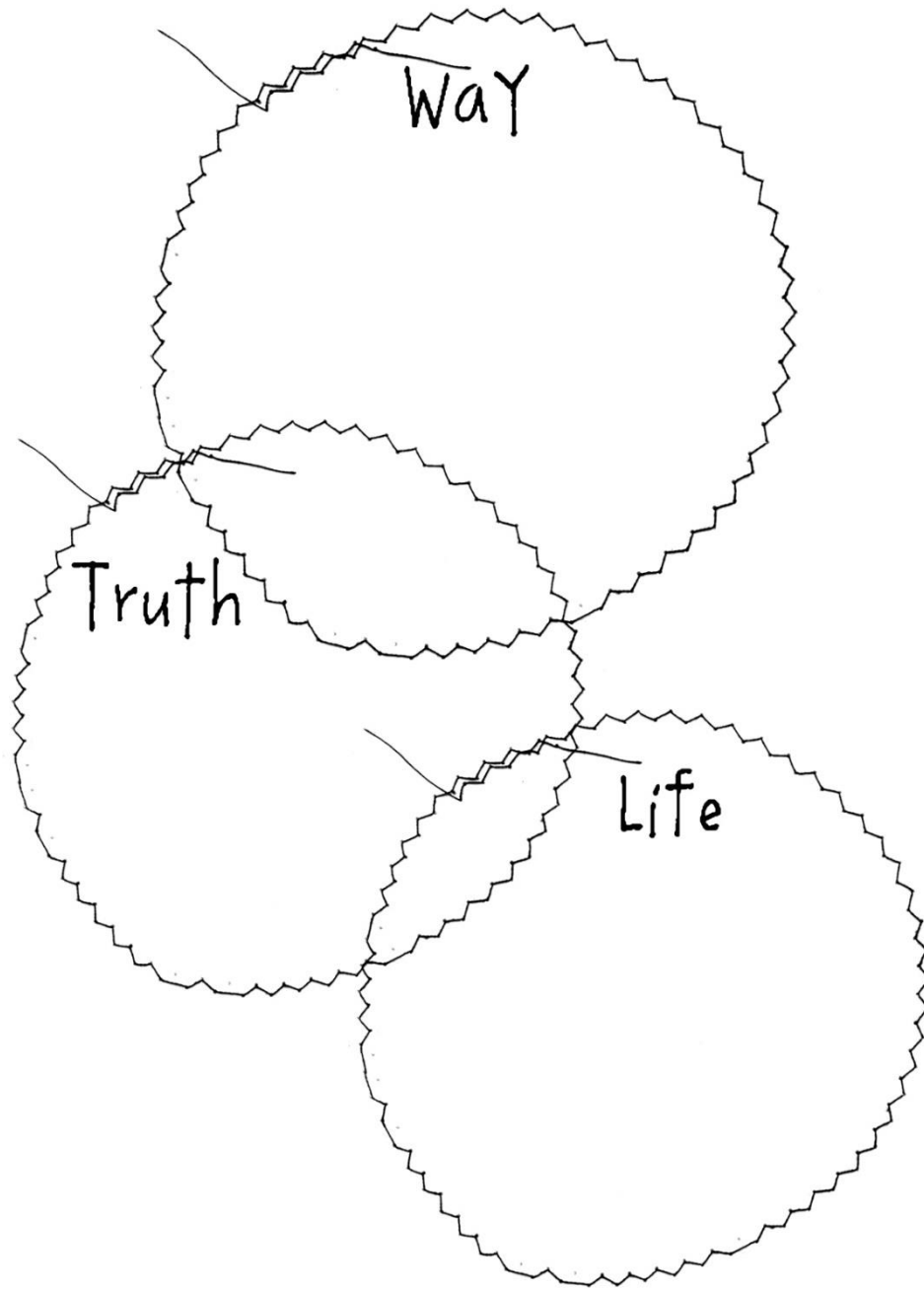
I am
the Way,
the Truth,
and the
Life...



what do these words mean to You.?



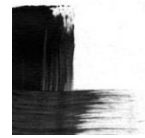
fill me with colour and pattern



I am
the GOOD
Shepherd



things to remember from the talk...



what are the good things in Your life?

fill me with colour and pattern

I am
the light
of the
world...

draw doodles and pictures of how You imagine
the goodness and protection of God


How can You be a light in the world?

stick a picture of something that
represents the Light of God

make a note of things You think
need God's light

fill me with colour and pattern

I am
the
vine...



staple, glue, pin, cover me with bits of nature You find during the day.
Think about how they remind You of God as the Vine.

fill me with colour and pattern

I am
the
bread of
life..

Look back at the words You used to describe Yourself at the beginning of the week. Can God help You with any of them?

Have You got new things You want to be?

write, draw, doodle Your favourite memories from
the week